



**Financial**

**Emotional**

**Spiritual:  
Purpose &  
Meaning**

**Physical**

**Nature:  
Environment &  
Surroundings**

**Social:  
Friendship,  
Community,  
Connection**

**Knowledge:  
Skills &  
Stimulation**

**Actualized  
Interests &  
Pleasure**

**Domains  
of Wellbeing  
Security**